

2026



July

A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

July 1: All take out and meal deliveries increase to \$12.00 per meal			1 No Meal	2 Sanford @11:45 S & S Chicken Stir fry	3	4
5	6 La Salle @ 11:45 Meat Loaf Games @12:30	7	8 Starbuck @11:45 Chicken stir fry Games @12:30	9 Sanford @11:45 Lasagna	10	11
12	13 No Meal	14	15 Starbuck @11:45 Spaghetti & Meatballs	16 Sanford @ 11:45 Pork chops	17	18
19	20 La Salle @ 11:45 Pork chops Fun with MHRD @12:30	21	22 Starbuck @11:45 Cold plate	23 Sanford @ 11:45 Chicken and chickpea curry	24	25
26	27 La Salle @11:45 Pickerel	28	29 Starbuck @11:45 Chicken and dumpling soup	30 Sanford @11:45 Quiche & Soup Games @12:30	31	

Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.

We will try to accommodate special dietary requests.

Please call ahead to confirm.

Menu subject to change.

\$10 per person eat in, \$12 take out or delivery